

Timetable of Activities at Roffey Millennium Hall

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10.00am - 10.45am Active Seniors - Stretch & Flex Class Sue Cailles - 07773 269509	10.00am - 10.30am Kicks Dance Amelia Whittaker 07722 826162 amelia@kicksdance.co.uk			10.00am - 10.45am Active Seniors - Low Impact Class Sue Cailles - 07773 269509	9.00am - 10.00am Upbeat Dance	8.30am - 1.00pm Church Service
	2.00pm - 2.30pm Kicks Dance Amelia Whittaker 07722 826162 amelia@kicksdance.co.uk					
6.15pm - 7.15pm Flit Fitness	2.00pm - 5.30pm Southwater Bridge Club grahamloft642@outlook.com 07435 062357		2.00pm - 4.00pm North Horsham Friendship Group - Every 2 weeks 01403 750786			2.00pm - 6.00pm Church Service
		4.00pm - 8.30pm Upbeat Dance		4.00pm - 5.00pm Upbeat Dance		
8.00pm - 10.00pm Horsham Scottish Country Dance Club enquiries@horshamscdc.org.uk www.horshamscdc.org.uk	5.30pm - 8.30pm Horsham Judo Club Derek Paxton - 07778 670124	7.00pm - 8.30pm 1st Roffey Guides				
	6.15pm - 7.15pm Flit Fitness	7.30pm - 9.00pm Yoga Class Sue Stedman 01403 733745	6.15pm - 7.15pm Flit Fitness			
	7.30pm - 8.30pm Tap Dance Class	7.30pm - 9.30pm Horsham Modellers Club (1st Wednesday of the month)				

This timetable is a general guide to the regular activities at this venue, but for further details, please contact the relevant group.